The bachelor's degree in Exercise Science provides students with a thorough understanding of the human body and prepares them to work in health-related professional fields. The program's coursework focuses on varying areas including: physiology of exercise, motor control, biomechanics, and rehabilitative exercise. The exercise science program prepares students for a variety of career paths after graduation, including medical school. Specifically, the program is naturally fitted with most physical therapy programs.

Benefits of the program include:

- **Undergraduate Research Opportunities** - Exercise Science students can gain access to study in the Osness Human Performance Laboratories in Robinson Center.
- **Program Reputation** - KU's bachelor's degree in Exercise Science is offered through the KU School of Education, which recently ranked 8th in the nation according to U.S. News & World Report's Best Public Education Schools.
- **Student Organizations & Networking** - Students can actively participate in KU's Exercise Science Club, a unique, student-led organization providing information on careers in the healthcare field.
- **Two campus locations** - The bachelor's degree in Exercise Science at KU is offered to students in both Lawrence and at the Edwards Campus in Overland Park.
- **Preparation for Physical Therapy School** - Coursework meets prerequisites requirements for the KU Medical Center Physical Therapy program.

This transfer guide provides important information and a sample two-semester plan for a student starting at Seward Community College and transferring to KU for the remaining coursework. In addition, we provide additional courses a student may choose to take at the community college prior to transferring to KU. Each student’s background and goals are unique. Thus we recommend ongoing communication with an advisor in the KU School of Education. See contact information at the bottom of this page.

### School of Education Exercise Science Admission Requirements

1. **Step One: Admission to the University of Kansas**
   All incoming students must first gain admission to the University of Kansas. Admission applications to the University of Kansas may be completed online at [www.admissions.ku.edu](http://www.admissions.ku.edu). Gaining admission to the University of Kansas requires the submission of official college transcripts from all previously attended colleges/universities. Please note that indicating “Exercise Science or Education Major” on your application to KU does not grant you entry to the KU School of Education. For scholarship consideration, we encourage you to apply to KU by February 1st prior to the fall/summer semester or November 1st prior to the spring semester you plan to transfer to KU.

2. **Step Two: Admission to the KU School of Education**
   After granted admission to KU, students are permitted to complete the KU School of Education application. Admission applications to the School of Education may be completed online at [www.soe.ku.edu](http://www.soe.ku.edu). Transfer students are eligible to apply during the semester they will complete the minimum requirements to apply (see below). The application deadline for Admission is the prior February 1st or September 15th. In the instance that one or more of the pre-admission foundation courses has not been completed before transferring to KU, that student will be considered a Pre-Education student in the College of Liberal Arts and Sciences until they meet the minimum requirements to apply.

#### Minimum Requirements to Apply to the KU School of Education, Exercise Science:

Transfer students are eligible to apply during the semester they will complete the minimum application requirements:

1. Completion of pre-admission foundation courses (must be taken for a grade)
   - PSYC 104—General Psychology
   - MATH 101—College Algebra or higher
   - COMS 130—Speaker Audience Communication
   - ENGL 101—English Composition
   - ENGL 102—Critical Reading and Writing
   - HSES 269—Introduction to Exercise Science
   - BIOL 240—Human Anatomy
   - BIOL 246—Principles of Human Physiology
   - BIOL 100 & 102—Principles of Biology and Lab

2. Earned at least a 2.75 GPA in their KU plus transfer GPA.

**Admission is highly selective. Meeting all of the above requirements does not guarantee admission.**

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**School of Education Department of Health, Sport, and Exercise Sciences**
Phone: 785-864-5552
Email: hsesinfo@ku.edu

**KU Education Advising Center**
Phone: 785-864-9616
Email: soeadvising@ku.edu

[http://hses.ku.edu/](http://hses.ku.edu/)
## First Semester

<table>
<thead>
<tr>
<th>KU Requirement</th>
<th>Recommended Course at Seward Community College</th>
</tr>
</thead>
<tbody>
<tr>
<td>Composition, ENGL 101 (GE 2.1)</td>
<td>EG 1103</td>
</tr>
<tr>
<td>College Algebra, MATH 101 (GE 1.2)</td>
<td>MA 1173</td>
</tr>
<tr>
<td>Speaker Audience Communication, COMS 130 (GE 2.2)</td>
<td>SP 1203</td>
</tr>
<tr>
<td>General Psychology, PSYC 104 (GE 3S)</td>
<td>BH 1303</td>
</tr>
<tr>
<td>Biology, BIOL 100 &amp; 102 or BIOL 150 (GE 3N)*</td>
<td>BI 1305 or 1504</td>
</tr>
</tbody>
</table>

## Second Semester

<table>
<thead>
<tr>
<th>KU Requirement</th>
<th>Recommended Course at Seward Community College</th>
</tr>
</thead>
<tbody>
<tr>
<td>Critical Reading and Writing, ENGL 102 (GE 2.1)</td>
<td>EG 1113</td>
</tr>
<tr>
<td>Nutrition &amp; Health, HSES 330**</td>
<td>BI 1403</td>
</tr>
<tr>
<td>MATH 103, Trigonometry</td>
<td>MA 1183</td>
</tr>
<tr>
<td>Introduction to Ethics, PHIL 160 (AE 5.1, GE 1.1, 3H)</td>
<td>PH 2103</td>
</tr>
<tr>
<td>Human Anatomy &amp; Lab, BIOL 240 &amp; 241</td>
<td>BI 2304</td>
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</tbody>
</table>

## Additional courses that may be taken at the community college

<table>
<thead>
<tr>
<th>Additional courses</th>
<th>Recommended Course at Seward Community College</th>
</tr>
</thead>
<tbody>
<tr>
<td>Prn. Human Physiology &amp; Lab, BIOL 246 &amp; 247</td>
<td>BI 2314</td>
</tr>
<tr>
<td>General Chemistry 1 with Lab, CHEM 130</td>
<td>CH 1505</td>
</tr>
<tr>
<td>General Chemistry 2 with Lab, CHEM 135</td>
<td>CH 1515</td>
</tr>
<tr>
<td>Basic Microbiology &amp; Lab, BIOL 200 &amp; 203</td>
<td>BI 2705</td>
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<tr>
<td>College Physics 1 with Lab, PHSX 114</td>
<td>PS 2205</td>
</tr>
<tr>
<td>College Physics 2 with Lab, PHSX 115</td>
<td>PS 2215</td>
</tr>
<tr>
<td>GE 3H Core Requirement</td>
<td>Select Approved GE 3H Course</td>
</tr>
<tr>
<td>AE 4.1 Core Requirement</td>
<td>Select Approved AE 4.1 Course</td>
</tr>
<tr>
<td>AE 4.2 Core Requirement</td>
<td>Select Approved AE 4.2 Course</td>
</tr>
</tbody>
</table>

## Additional Notes for Transfer Students

- While additional courses have been included on this transfer guide it should be noted that due to prerequisites and course offerings if a student spends two years at a community college, the student will still have three years of courses to complete once at KU. This could cause the student to be below full-time enrollment while at KU.
- Transfer credits with earned grades of D+ and below will not satisfy graduation requirements, but are included in the transfer GPA. If a student takes a course and then repeats it at the same institution, KU will honor the course repeat policy in effect at the institution issuing the transcript. All grades for academically forgiven courses will be included in the transferable GPA.
- A bachelor’s degree must include 120 completed credit hours. A student may apply a maximum of 64 credit hours of community college coursework to a KU degree.
- Students may complete the equivalent to BIOL 100 & 102 or BIOL 150. BIOL 150 is recommended to those planning to apply to professional medical programs.
- HSES 330 does not count toward upper level hours per KU policy. Transfer courses may be matched to a course of opposite level at KU, but the level of credit is defined by the originating institution. (All community college courses are lower level.)
- View the most up-to-date listings of transferable courses at: [http://credittransfer.ku.edu](http://credittransfer.ku.edu). You can search by specific KU Core goal or view many of the courses that transfer to KU. If a class is not listed contact transfercredit@ku.edu to inquire about transferability.

It is the STUDENT’S RESPONSIBILITY to check for updates to all transfer information. This transfer program is provided as a service and is updated annually. Degree requirements are subject to change.