

# Transfer Guide

## Bachelor of Applied Science in Exercise Science

### Highland Community College

Born of the Johnson County Education Research Triangle, the Bachelor of Applied Science Exercise Science (BAS) program at KU Edwards Campus provides students with a thorough understanding of the human body and its functions. It prepares students for careers in physical therapy, cardiac rehabilitation, and strength and conditioning. It also serves as a foundation for graduate level work in health sciences, such as nursing, chiropractic, medicine (physician assistant, medical doctor, etc.), or physical/occupational therapy. The required pre-requisite courses for physical therapy are fulfilled through this major.

Benefits of the program include:

- **Industry Credentialing** - The BAS prepares students for numerous industry credential exams, including those from the National Strength and Conditioning Association (NSCA) and the International Society of Sports Nutrition (ISSN).
- **Program Reputation** - KU's BAS is offered through the KU School of Education, which recently ranked 8th in the nation according to *U.S. News & World Report's* Best Public Education Schools.
- **Major Completely On-Line through KU Edwards with a Seated-Class Option in Most Courses** - The BAS is offered to students at the Edwards Campus in Overland Park in these formats.
- **Acceptance of Marine FFI and FFIT Credits** - Veteran or active-duty marines who have completed the either the FFI or FFIT training while in the marines will receive varying levels of credits depending on their training.

This transfer guide provides important information and a sample two-semester plan for a student starting at Highland Community College and transferring to KU for the remaining coursework. Additional courses are provided which a student may choose to take at the community college prior to transferring to KU. Each student's background and goals are unique. Thus we recommend ongoing communication with an advisor at the KU Edwards Campus. See contact information at the bottom of this page.

## School of Education Exercise Science Admission Requirements

### 1 Step One: Admission to the University of Kansas

All incoming students must first gain admission to the University of Kansas. Admission applications to the University of Kansas may be completed online at [www.admissions.ku.edu](http://www.admissions.ku.edu). Gaining admission to the University of Kansas requires the submission of official college transcripts from all previously attended colleges/universities. Please note that indicating "Exercise Science or Education Major" on your application to KU does not grant you entry to the KU School of Education. For scholarship consideration, we encourage you to apply to KU by May 1<sup>st</sup> prior to the fall/summer semester or November 1<sup>st</sup> prior to the spring semester you plan to transfer to KU.

### 2 Step Two: Admission to the KU School of Education

After granted admission to KU, students are permitted to complete the KU School of Education application. Admission applications to the School of Education may be completed online at: [www.soe.ku.edu](http://www.soe.ku.edu). Transfer students are eligible to apply during the semester they will complete the minimum requirements to apply (see below). The application deadline for admission February 1 for fall and September 14 for spring. In the instance that one or more of the pre-admission foundation courses has not been completed before transferring to KU, that student will be considered a pre-education student in the College of Liberal Arts and Sciences until they meet the minimum requirements to apply.

#### Minimum Requirements to Apply to the KU School of Education, BAS in Exercise Science:

Transfer students are eligible to apply during the semester they will complete the minimum application requirements:

1. Completion of pre-admission foundation courses (must be taken for a grade—see below)
2. Earned at least a 2.75 GPA in the above courses and in their KU plus transfer GPA.

Admission is selective. Meeting all of the above requirements does not guarantee admission.

- BIOL 240—Human Anatomy
- BIOL 246—Principles of Human Physiology
- BIOL 100—Principles of Biology
- COMS 130—Speaker Audience Communication
- ENGL 101—English Composition
- ENGL 102—Critical Reading and Writing
- HSES 269—Introduction to Exercise Science
- HSES 330—Principles of Nutrition and Health
- MATH 101—College Algebra (or higher)
- PSYC 104—General Psychology

**KU Edwards Campus Welcome Center**  
Student appointments: 913-897-8539  
Email: [exsciedws@ku.edu](mailto:exsciedws@ku.edu)

**KU Edwards Academic Success Coach**  
**Jenny Parr**  
Phone: 913-897-8518  
Email: [exsciedws@ku.edu](mailto:exsciedws@ku.edu)

## First Semester

Composition, ENGL 101 (GE 2.1)	ENG 101	<input type="checkbox"/>
College Algebra, MATH 101 (GE 1.2)	MAT 104	<input type="checkbox"/>
Speaker Audience Communication, COMS 130 (GE 2.2)	SP 106	<input type="checkbox"/>
General Psychology, PSYC 104 (GE 3S)	PSY 101	<input type="checkbox"/>
Biology, BIOL 100 (GE 3N)	BS 101	<input type="checkbox"/>

## Second Semester

Critical Reading and Writing, ENGL 102 (GE 2.1)	ENG 102	<input type="checkbox"/>
Human Anatomy, BIOL 240 <sup>1</sup>	BS 104	<input type="checkbox"/>
Introduction to Exercise Science, HSES 269 <sup>2</sup>	No Equivalent Course	<input type="checkbox"/>
GE 1.1 Core Requirement	Select Approved GE 1.1 Course	<input type="checkbox"/>
Elective	Select Any Transferable Course	<input type="checkbox"/>

## Third Semester

Prn. Human Physiology, BIOL 246 <sup>1</sup>	BS 105	<input type="checkbox"/>
AE 4.1 Core Requirement (sociology recommended)	Select Approved AE 4.1 Course	<input type="checkbox"/>
GE 3H Core Requirement	Select Approved GE 3H Course	<input type="checkbox"/>
Introduction to Ethics, PHIL 160 (AE 5.1)	PHI 102	<input type="checkbox"/>
Elective	Select Any Transferable Course	<input type="checkbox"/>

## Fourth Semester

Nutrition & Health, HSES 330 <sup>2, 3</sup>	BS 110	<input type="checkbox"/>
AE 4.2 Core Requirement	Select Approved AE 4.2 Course	<input type="checkbox"/>
Elective	Select Any Transferable Course	<input type="checkbox"/>
Elective	Select Any Transferable Course	<input type="checkbox"/>
Elective	Select Any Transferable Course	<input type="checkbox"/>

## Additional Notes for Transfer Students

- <sup>1</sup>If your community college teaches a combined 8-10 hour Anatomy and Physiology 1 & 2, both courses must be completed to receive credit for BIOL 240, and 246. A combined 4-5 hour anatomy and physiology course **may** satisfy BIOL 240. See advisor for more information.
- <sup>2</sup>If your community college does not offer an equivalent course contact the KU advisor to discuss completing the course online at KU over the summer.
- <sup>3</sup>Transfer courses may be matched to a course of higher level at KU, but the level of credit is defined by the originating institution. All community college courses are lower level and do not count toward junior/senior hours.
- Transfer credits with earned grades of D+ and below will not satisfy graduation requirements, but are included in the transfer GPA. If a student takes a course and then repeats it at the same institution, KU will honor the course repeat policy in effect at the institution issuing the transcript.
- A bachelor's degree must include 120 completed credit hours. A student may apply a maximum of 64 credit hours of community college coursework toward a KU degree.
- View the most up-to-date listings of transferable courses at: <http://credittransfer.ku.edu>. You can search by specific KU Core goal or view many of the courses that transfer to KU. If a class is not listed contact [transfercredit@ku.edu](mailto:transfercredit@ku.edu) to inquire about transferability.
- It is the STUDENT'S RESPONSIBILITY to check for updates to all transfer information. This transfer program is provided as a service and is updated annually. Degree requirements are subject to change.
- If the table above shows "No Equivalent Course" for any of the offerings above, please contact the KU Edwards advisor for the program for suggestions.