

# Transfer Guide

## Bachelor of Science in Exercise Science

### Hesston College

The bachelor's degree in Exercise Science provides students with a thorough understanding of the human body and prepares them to work in health-related professional fields. The program's coursework focuses on varying areas including: physiology of exercise, motor control, biomechanics, and rehabilitative exercise. The exercise science program prepares students for a variety of career paths after graduation, including medical school. Specifically, the program is naturally fitted with most physical therapy programs.

Benefits of the program include:

- **Undergraduate Research Opportunities** - Exercise Science students can gain access to study and conduct research in multiple laboratories on the Lawrence and Edwards campuses.
- **Program Reputation** - KU's bachelor's degree in Exercise Science is offered through the KU School of Education and Human Sciences, which recently ranked 9th in the nation according to U.S. News & World Report's Best Public Education Schools.
- **Student Organizations & Networking** - Students can actively participate in KU's Exercise Science Club, a unique, student-led organization providing information on careers in the healthcare field.
- **Two campus locations** - The bachelor's degree in Exercise Science at KU is offered to students in both Lawrence and at the Edwards Campus in Overland Park.
- **Preparation for Professional Programs** - Students will complete coursework that can prepare them to meet prerequisite requirements for many professional school programs including athletic training, physical therapy, occupational therapy, physician assistant, or medical programs.

This transfer guide provides important information and a sample two-semester plan for a student starting at Hesston College and transferring to KU for the remaining coursework. In addition, we provide additional courses a student may choose to take at the community college prior to transferring to KU. Each student's background and goals are unique. We would encourage each student to talk with their adviser at their current college and to reach out if they have any additional questions. Our contact information is below.

## Exercise Science Admission Requirements

# 1

### Step One: Admission to the University of Kansas

Apply to the University of Kansas by filling out a transfer application at [admissions.ku.edu](https://admissions.ku.edu). Gaining admission to the University of Kansas requires the submission of official college transcripts from all previously attended colleges / universities.

# 2

### Step Two: Admission to the KU School of Education and Human Sciences

Select "School of Education and Human Sciences" as your school and "Exercise Science" as the degree you will be pursuing. Students should have a minimum of 25 credit hours and a 2.75 GPA or higher for their KU and KU + transfer GPA to be considered for admission.

The following courses are recommendations to assist in the transfer process, but are not requirements for admission. It is important to keep course sequencing in mind for some of the science-based curriculum:

- ENGL 101
- ENGL 102
- COMS 130
- MATH 101 or 104
- GEOG 104
- C&T 100
- HIST 128

KU School of Education and Human Sciences Advising Center

Phone: 785-864-9616

Email: [soehsadvicing@ku.edu](mailto:soehsadvicing@ku.edu)

[hses.ku.edu](https://hses.ku.edu)

## First Semester

|   |          |                          |
|---|----------|--------------------------|
| Composition, ENGL 101 (GE 2.1)                    | ENGL 125 | <input type="checkbox"/> |
| College Algebra, MATH 101 (GE 1.2)                | MASC 105 | <input type="checkbox"/> |
| Speaker Audience Communication, COMS 130 (GE 2.2) | COMM 206 | <input type="checkbox"/> |
| General Psychology, PSYC 104 (GE 3S)              | PSY 200  | <input type="checkbox"/> |
| Intro. to Exercise Science, HSES 269              | PHED 216 | <input type="checkbox"/> |

## Second Semester

|   |                      |                          |
|---|----------------------|--------------------------|
| Critical Reading and Writing, ENGL 102 (GE 2.1)       | ENGL 135             | <input type="checkbox"/> |
| Nutrition & Health, HSES 330**                        | NUTR 210             | <input type="checkbox"/> |
| Biology, BIOL 100 & 102 or BIOL 150 (GE 3N)*          | BISC 103             | <input type="checkbox"/> |
| Introduction to Ethics, PHIL 160 (AE 5.1, GE 1.1, 3H) | No Equivalent Course | <input type="checkbox"/> |
| MATH 103, Trigonometry                                | No Equivalent Course | <input type="checkbox"/> |

## Additional courses that may be taken at the community college

|   |                                     |                          |
|---|-------------------------------------|--------------------------|
| General Chemistry I with Lab, CHEM 130      | CHEM 121                            | <input type="checkbox"/> |
| General Chemistry 2 with Lab, CHEM 135      | CHEM 122                            | <input type="checkbox"/> |
| Human Anatomy & Lab, BIOL 240 & 241         | No Equivalent Course                | <input type="checkbox"/> |
| Prn. Human Physiology & Lab, BIOL 246 & 247 | No Equivalent Course                | <input type="checkbox"/> |
| Basic Microbiology & Lab, BIOL 200 & 203    | BISC 206                            | <input type="checkbox"/> |
| College Physics I with Lab, PHSX 114        | PHYS 203                            | <input type="checkbox"/> |
| College Physics 2 with Lab, PHSX 115        | PHYS 204 (4 hr)                     | <input type="checkbox"/> |
| Core Requirement GE 3H, AE 4.1, AE 4.2      | Select GE 3H, AE 4.1, AE 4.2 Course | <input type="checkbox"/> |

## Additional Notes for Transfer Students

- While additional courses have been included on this transfer guide it should be noted that due to prerequisites and course offerings if a student spends two years at a community college, the student will still have three years of courses to complete once at KU. This could cause the student to be below full-time enrollment while at KU.
- Transfer credits with earned grades of D+ and below will not satisfy graduation requirements, but are included in the transfer GPA. If a student takes a course and then repeats it at the same institution, KU will honor the course repeat policy in effect at the institution issuing the transcript. All grades for academically forgiven courses will be included in the transferable GPA.
- A bachelor's degree must include 120 completed credit hours. A student may apply a maximum of 64 credit hours of community college coursework to a KU degree.
- \*Students may complete the equivalent to BIOL 100 & 102 or BIOL 150. BIOL 150 is recommended to those planning to apply to professional medical programs, such as Physician Assistant and Medical School.
- \*\*Transfer courses may be matched to a course of opposite level at KU, but the level of credit is defined by the originating institution. (All community college courses are lower level.)
- View the most up-to-date listings of transferable courses at: [credittransfer.ku.edu](https://credittransfer.ku.edu). You can search by specific KU Core goal or view many of the courses that transfer to KU. If a class is not listed contact [transfercredit@ku.edu](mailto:transfercredit@ku.edu) to inquire about transferability.

It is the STUDENT'S RESPONSIBILITY to check for updates to all transfer information. This transfer program is provided as a service and is updated annually. Degree requirements are subject to change.